



What is behaviour of concern

Behaviour that makes it harder for

- a person or
- the people around the person to have a good life



Some people may hurt themselves



Some people may

- hurt other people
- break things



Some people may

- shout
- swear
- spit



Some people may say no to doing everyday activities like

- going to school
- going out and about





Behaviour of concern always happens for a reason



We may be ill or in pain



People may not know how to talk to us



People may not know what we want or like



We may need

- people to talk to
- people to be with



We may be bored

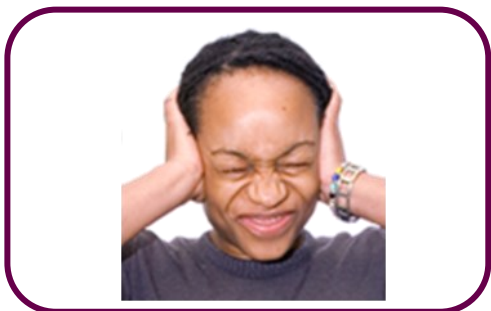


Sometimes we may want to be left alone



People may not know

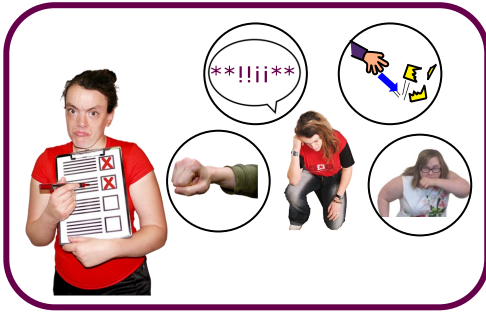
- the things that upset us
- the things that make us angry



There may be too much happening around us



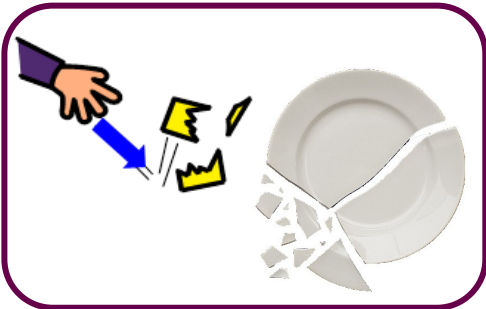
We may be trying to ask for your help



Bad things can sometimes happen because of behaviours of concern



People can get hurt



Things can get broken



People can feel lonely



Sometimes people are moved away from a dangerous situation or held



Sometimes people are given

- too much medicine
- the wrong type of medicine



What is Positive Behaviour Support - PBS



With PBS your life is as good as it can be



Everybody works together to understand why the behaviour of concern is happening



Everybody works together to support you to have

- a good life
- important things



You will have a PBS plan



The PBS plan is made just for you



The PBS plan involves you and people who know you well



The plan says how staff can help you have a good life



Sometimes things can still go wrong



The plan says what happens to you when you start feeling upset or unhappy



The plan tells staff what to do to help you feel calm again



The plan tells staff how to help you feel better afterwards



Your PBS plan has targets like

- learning a new skill
- learning a safer way to tell people what is wrong



People are only moved or held if nothing else works



People who take medicine often have check ups with their doctors



Staff know **not to**

- shout at you
- punish you



Staff know that being kind is important



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